







Refresher Course Program

VENUE: IIT DELHI

| Date: 25th September 2025 (Thursday) | | | |
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| Time | Торіс | Resource person/Faculty | |
| | Coordinator of whole day- Dr Raghav Gupta | | |
| 08:00- 08:15 | Pre- Test | | |
| 08:15- 08:30 | Opening Remarks | | |
| | Chairperson- Dr AKM Akhtaruzzaman, Dr Krishna Poddar | | |
| 08:30- 09:00 | Mechanism of Nociceptive, Neuropathic and Nociplastic Pain | Dr. Naveen Salins (India) | |
| 09:00- 09:25 | Musculoskeletal Pain: Implications for Management | Dr. Saurab Sharma (Australia) | |
| 09:25- 09:50 | Treatment implications for the ICD-11 Diagnosis of Chronic Primary Pain | Dr. Michael Nicholas (Australia) | |
| 09:50- 10:15 | AI in Pain Medicine | Dr. Krithika R (India) | |
| 10:15-10:40 | You must open your third eye to be a pain physician. | Dr Sachidanand Jee Bharti (India) | |
| 10:40- 11:05 | Roles and Mechanisms of the Non-Pharmacological Treatments in Chronic Pain Patients | Dr. Roger Goucke (Australia) | |
| 11:05- 11:20 | Tea Break | | |
| | Chairperson- Dr Anurag Aggarwal, Dr Gauhar | | |
| 11:20- 11:45 | Recent Advances of Opioid for Pain Management | Dr. Nishkarsh Gupta (India) | |
| 11:45- 12:10 | Update on Herpes Zoster Post Herpetic Neuralgia (Focus on Vaccines) | Dr. G.P. Dureja (India) | |
| 12:10- 12:35 | Pain Management in Cancer Survivors | Dr. Seema Mishra (India) | |
| 12:35- 13:00 | Pain self-management methods in chronic pain treatments | Dr. Michal Nicholas (Australia) | |
| 13:00- 14:00 | Lunch | | |
| | Chairperson- Dr Sanjay Thulkar and Dr G.P. Dureja | | |
| 14:00- 14:30 | Cannabinoids in pain management : A review of the evidence for efficacy and harm | Dr. Andrew Rice (United Kingdom) | |
| 14:30- 15:00 | Regenerative Therapy- Future of Pain Medicine | Dr. Manisha Arora (India) | |
| 15:00- 15:30 | Research in Pain- Are we doing enough? | Dr. Rakesh Garg (India) | |

| 15:30- 16:00 | Pain Management in ICU | Dr. Naveen Salins (India) |
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| 15.30-16.00 | Multi-disciplinary Pain tool kit- what to learn | Dr Mary Cardosa (Malaysia) |
| 16.00-16.20 | When to refer patient for interventional Pain Management | Dr Sushma Bhatnagar (India) |
| 16.20-16.40 | Ethical dilemma in doing pain research | Dr. Santosh Chaturvedi (India) |
| 16.30- 16.45 | Post- Test | |
| 16:45-17.30 | Pain Camp Evaluation and Presentation of Pain Camp Certificates (Only IASP Southeast Asia Pain Management Camp participants) | |
| 17.30-18.00 | High tea and move for dinner at 3, West Avenue, IIT- Delhi | |